

# Zero Suicide

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# INTRODUCTIONS

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Meghan Henderson, LCSW

- Clinical Program Supervisor
- Adult Psychiatry, UnityPoint Health- Meriter
- Current Lead of The Zero Suicide Initiative at UPH-Meriter
- Big fan of my mentor, Sue Janty

Susan Janty, MS, PMHCNS-BC

- Former (and renowned) Director of Behavioral Services
- Founding leader of the Zero Suicide Initiative at UnityPoint Health – Meriter
- Ground breaking advocate for suicide specific intervention, prevention, and postvention at UnityPoint Health- Meriter and the community.

# The Zero Suicide Initiative - S. Janty

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- Overview of The Zero Suicide Initiative
- Development of The Zero Suicide Initiative
- Reflections on this process

# NEXT STEPS: IMPORTANT ELEMENTS FOR SUCCESS

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- Team approach
- Leadership support
- Frequent problem solving
- Process improvement ideas from all disciplines
- Avoid playing the “not it” game...
- Audits, Audits, Audits
- Feedback, Feedback, Feedback



# NEXT STEPS: GOALS FOR THE FUTURE

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- Suicide deaths **are preventable**.
- Treatment of **depression alone** does not effectively prevent suicidality.
- The “bold” goal of **zero suicides** among persons receiving care is one that health systems must embrace.
- Suicidal individuals often **fall through multiple cracks** in fragmented healthcare systems.
- A system-wide approach involving healthcare and the **broader community** is necessary for success.
- **Means (methods to complete suicide)** must be **inaccessible** because many suicides are impulsive.

# NEXT STEPS: OBJECTIVES FOR TODAY

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- Understanding of the importance of collaboration between client and provider
- Review the importance of the relationship between provider and community resources/agencies.
- Understanding of guidelines to respond to suicide risk.
- Understanding of the basic principles of a Zero Suicide Framework.