

A Vision for Community Suicide Prevention Efforts

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September 26, 2019

Mindfulness Exercise

Loving Kindness

May I be safe & protected

May I be happy & peaceful

May I be healthy & strong

May I take care of myself with joy and ease

May you be filled with loving kindness

May you be well

May you be peaceful and at ease

May you be happy

A Shared Mental Model



A Story



Cultivate Perspective

Connect

Find Common Ground

Train for the Event

Strive to Simplify

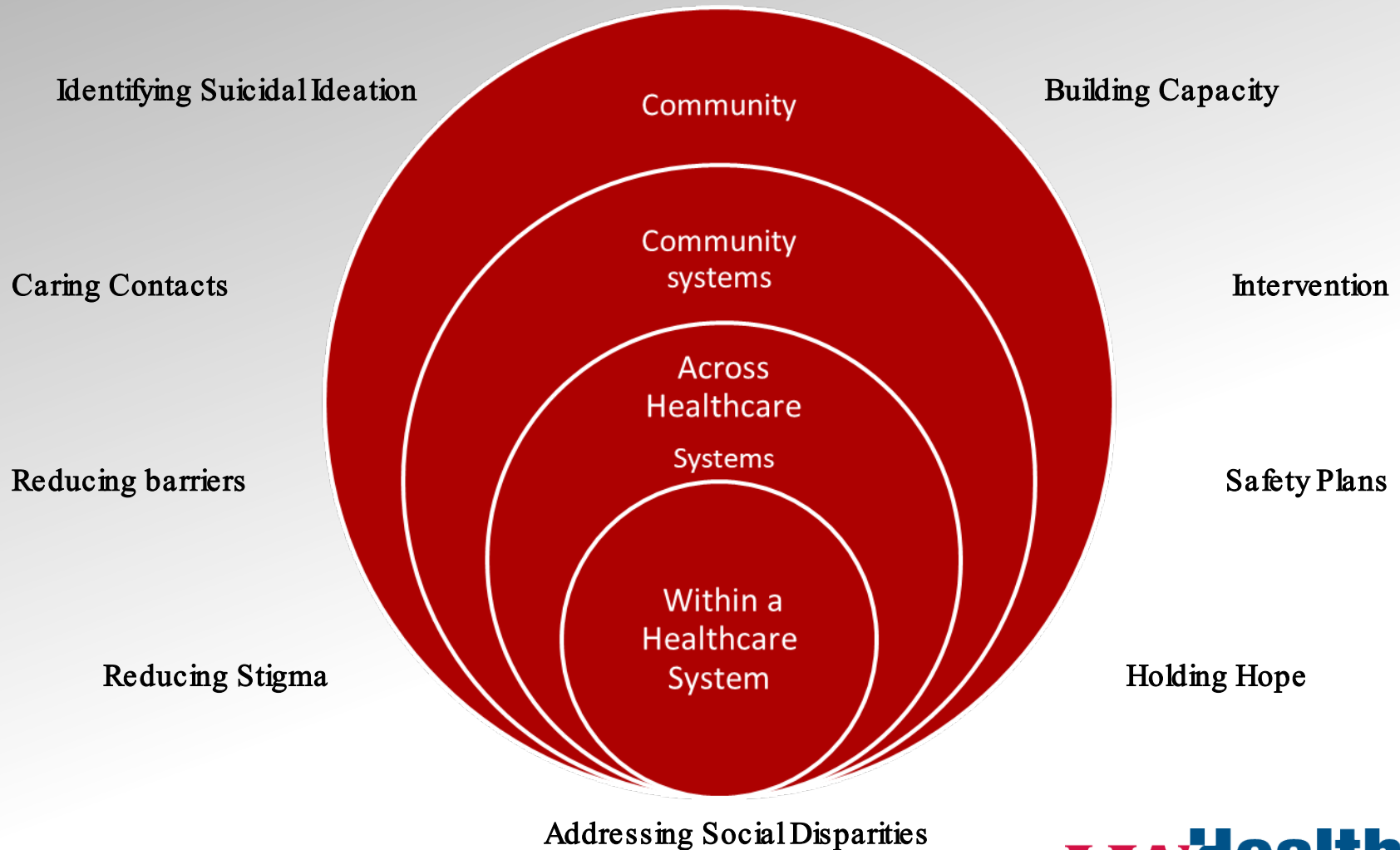
Principles of Integration

- Cultivate Perspective
- Connect
- Find Common Ground
- Train for the Event
- Strive to Simplify

<https://www.bing.com/videos/search?q=one+thing+from+city+stickers&&view>

- Patient Centered

The Vision System Integration



Nuts & Bolts



Shared Foundation

- Theoretical Underpinning
- Stigma
- Correcting Myths
- Effective Interventions

How we get there

- Conferences such as this
- Zero Suicide Healthcare Systems Team
- Expansion to include other systems
- C.J. Tubbs Fund for Hope, Healing & Recovery,”
Creation of “End Deaths by Despair Coalition”
- The “End Deaths by Despair Coalition” will bring together partners from Dane County health care and payer systems, criminal justice, K12 and higher education, non-profit and faith leaders, and human services providers to develop a shared work plan and help prevent the irreparable pain brought on by suicide and premature, preventable deaths.

Hope

- Hope is an optimistic state of mind that is based on an expectation of positive outcomes with respect to events and circumstances in one's life or the world at large.
- As a verb, its definitions include: “expect with confidence” and “to cherish a desire with anticipation.”
- Among its opposites are dejection, hopelessness, and despair.

• [Hope-Wikipedia \(en.Wikipedia.org/wiki/Hope\)](https://en.wikipedia.org/wiki/Hope)

