Access to Mental Health Services in Dane County

Person is at immediate risk of suicide.

YES

Call 911 or go to the Emergency Room. OR
Call 1-800-273-8255 (TALK)

NO

TO ACCESS MENTAL HEALTH CARE

INSURED
Contact your Mental Health Provider

If you do not have a Mental Health provider, contact your Primary Care Doctor

If you do not have a Primary Care Doctor, contact the following (available 24 hrs/day, 7 days/week):

Dean Health Systems Nurse On-Call:
(608) 250-1393 or 1-800-576-8773

Group Health:
Call your clinic or 1-800-605-4327

UW/Physicians Plus Nurse On-Call:
1-866-775-8776    TDD: (608) 260-7998

Wm. S. Middleton Veterans Hospital:
1-888-598-7793

UNINSURED

BUSINESS HOURS:
- Journey Mental Health:
  (608) 280-2720
- Recovery Dane (Mon-Fri):
  (608) 237-1661, info@recoverydane.org

AFTER HOURS:
- Journey Mental Health; Emergency Services:
  (608) 280-2600    TDD: (608) 280-2589
  OR
- Call or visit Hospital Emergency Room

Have MA but NO HMO, contact:
Mental Health Center of Dane County
- Central Intake Business Hours:
  (608) 280-2720
- Emergency Services After Hours:
  (608) 280-2600    TDD: (608) 280-2589

UNSURE

BUSINESS HOURS:
- HMO or Insurance Company
- Recovery Dane (Mon-Fri):
  (608) 237-1661; info@recoverydane.org
- NAMI of Dane County (Mon-Fri, 8:30-4:30):
  (608) 249-7188; namidane@chorus.net

AFTER HOURS:
- Journey Mental Health; Emergency Services:
  (608) 280-2600    TDD: (608) 280-2589
- Call or visit Hospital Emergency Room

The best and simplest thing anyone can do to promote access to care is to know their first point of contact.

This document was created by the Safe Communities’ Suicide Prevention Task Force, Access to Services Work Group, September 2007. For more information on the Suicide Prevention Task Force, visit www.safercommunity.net.